

In the Claims

Please amend the claims as follows:

Claim 1 (original)

1. A health education system for distributing health information over communications systems, comprising:
 - a question database containing a plurality of health questions, where each health question is related to the health information to be distributed;
 - a solution database containing a plurality of health solution elements, where each solution element is related to the health information to be distributed;
 - ~~a set of protocols links associating each of linking at least one of the~~ health questions in the health question database with at least one of the health solution elements in the solution database;
 - a user information system for allowing a user to enter user health data related to the health of the user;
 - a selecting system for allowing the user to select one or more health questions from the question database to generate a set of selected health questions related to the health of the user; and
 - a filtering system for generating a customized list of health solution elements for the user based on the selected health questions, the set of ~~links~~protocols, and the user health data such that the customized list of health solution elements contains at least one health solution element specifically related to the health of the user.

Claim 2 (original)

2. ~~A health education system for distributing information as recited in claim 1, in which:~~

~~the expert protocols further comprise weighting data that relate the health solution elements to the health questions; and
the filtering system generates the customized list of health solution elements further based on the weighting data.~~

Claim 3 (original)

3. ~~A health education system for distributing information as recited in claim 1, in which the filtering system generates the customized list of health solution elements further based on the number of times the health solution elements are associated with the selected health questions by the links protocols.~~

Claim 4 (newly presented)

4. A health education system as recited in claim 1, in which the user health data comprises at least one of gender, age, height, weight, and activity level of the user.

Claim 5 (newly presented)

5. A health education system as recited in claim 1, in which the health questions are related at least one health condition.

Claim 6 (newly presented)

6. A health education system as recited in claim 4, in which the health questions are related at least one health condition.

Claim 7 (newly presented)

7. A health education system as recited in claim 1, in which the filtering system determines whether conflicts are present among the user health data and the selected health questions.

Claim 8 (newly presented)

8. A health education system as recited in claim 1, in which at least one of the links is a prohibitive link indicative of incompatibilities among a plurality of health solution elements.

Claim 9 (newly presented)

9. A health education system as recited in claim 1, in which at least one score is associated with at least one of the health solution elements, where the health solution elements in the customized list of health solution elements are prioritized based on at least one score is associated with at least one of the health solution elements.

Claim 10 (newly presented)

10. A health education system as recited in claim 1, in which the customized list of health solution elements takes the form of at least one of nutrition, exercise, and lifestyle recommendations.

Claim 11 (newly presented)

11. A health education system as recited in claim 1, in which the customized list of health solution elements takes the form of a menu recommendations.

Claim 12 (newly presented)

12. A health education system as recited in claim 1, in which the filtering system prioritizes health solution elements in the customized list of health solution elements based on the selected health questions, the set of links, and the user health data.

Claim 13 (newly presented)

13. A health education system as recited in claim 2, in which the filtering system prioritizes health solution elements in the customized list of health solution elements based on the selected health questions, the set of links, the user health data, and the weighting data.

Claim 14 (newly presented)

14. A health education system as recited in claim 1, in which:
the solution data base stores health information associated with at least one of
the health solution elements; and
the customized list of health solution elements further comprises health
information associated with the health solution elements in the customized
list of health solution elements.

Claim 15 (newly presented)

15. A health education system as recited in claim 1, in which:
the expert protocols further comprise weighting data that relate the health
solution elements to the health questions;
the filtering system generates the customized list of health solution elements

further based on the weighting data; and
the filtering system generates the customized list of health solution elements
further based on the number of times the health solution elements are
associated with the selected health questions by the links.

Claim 16 (newly presented)

16. A health education system as recited in claim 15, in which at least one of
the links is a prohibitive link indicative of incompatibilities among a plurality of health
solution elements.

Claim 17 (newly presented)

17. A health education system as recited in claim 15, in which at least one
score is associated with at least one of the health solution elements, where the health
solution elements in the customized list of health solution elements are prioritized
based on at least one score associated with at least one of the health solution
elements.

Claim 18 (newly presented)

18. A health education system as recited in claim 15, in which the filtering
system prioritizes health solution elements in the customized list of health solution
elements based on the selected health questions, the set of links, the user health data,
and the weighting data.

Claim 19 (newly presented)

19. A health education system as recited in claim 15, in which:

the solution data base stores health information associated with at least one of
the health solution elements; and

the customized list of health solution elements further comprises health
information associated with the health solution elements in the customized
list of health solution elements.